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Adidas Micoach has built-in support for Wi-Fi and GPS, the device is able to determine the speed and pulse of the owner, and it works on the basis of the Android OS. Specifications CPU Type: IMX233 Frequency, MHz, 454 OS: Android 4.1 Jelly Bean Compatible with OS: Android, iOS, Blackberry OS Display Diagonal: 1.45 inches Type: TFT LCD

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Resolution: 184 x 184 Color: Yes.

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miCoach defines ranges of heart rates as zones. miCoach gives each training zone a colour and by using these colours to guide your workout, it's easy for you to always train at the right intensity. Your miCoach Pacer will give you real time coaching narration, guiding you through the zones during your workout.

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FAQ page linked below. Transitions can be difficult, especially if you're used to one app and one way of doing...

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